

Swimming

Templeogue on form in Irish National Championships

TEMPLEOGUE Swim Club certainly enjoyed a good return for its representatives in the recent Irish National Youth and Senior Open Championships at the National Aquatic Centre.

Among the early highlights for the club in the competition was the performance of Daire O'Driscoll and Shane Faul who made the 200m Freestyle finals, the former finishing up fifth and Paul taking bronze in a time of 1:56.6.

In the women's equivalent, Grace Branagan reached the final and touched home in 2:14.66 for sixth place overall.

The 100m Backcrawl competition saw Graham Field make the cut for the final in which he posted a new pb of 1:07.38 for sixth position while Salim Sebaoui posted a superb time of 1:03.92 for bronze- his

very first Irish junior medal.

In the girls event, Branagan also picked up her first Irish junior medal when she came home in 1:07.05 to take silver.

And more success came the way of the club in relay competition that same day with the boys 4x100m youth team of O'Driscoll, Sebaoui, Field and John Martin taking fourth place- not bad for a team that is still eligible for this age group over the next two seasons.

And a National Junior title came the way of the girls 4x100m freestyle team of Anne-Marie Finn, Branagan, Alison O'Driscoll and Niamh Murphy.

Both Niamh Murphy and Dayna Clegg made the final of the women's youth 100m freestyle, with the former taking



Templeogue's Katrin Kychygina has performed very well.

third place in 1:00.54 and Clegg one position further back in a new pb of 1:00.61.

The boys final saw

John Martin also card a new pb of 56.14 to finish fourth which was a superb result given that he was the youngest swimmer in the event.

Conor O'Keeffe qualified for his first final when he registered a new pb in the 100m breaststroke heats and eventually finished seventh with a new best time.

Another Irish Youth medal came the way of the club when O'Driscoll, Sebaoui, Martin and Feighan combined to take third in the boys 800m freestyle relay.

And the girls, Clegg, Branagan, Finn and O'Driscoll carded their

second Irish Youth title of the meet.

Clegg continued on to finish her year off in style with a bronze in the 200mBC and a silver in the 200m IM.

And the closing event of the competition saw Niamh Murphy destroy the field to win an Irish Open title in the 50m FC in a time of 27.10.

Elsewhere in the British Youth and Open National Swimming Championships Dayna Clegg and Katrin Kychygina both finished 12th in their respective 100m FC and 100m BC age groups while Shane Faul produced season's best swims in the 200m and 400m FC events.



Grace Branagan of Templeogue Swim Club picked up her first Irish junior medal at the Irish National Youth Championships.